

# Your Best Life Now

## Joel Osteen's Nutshell Points

- **BIG PICTURE POINT:** What we **think and do matters** or our **expectations** and actions **shape the good that God wants to do** in our lives.
- **ENLARGE YOUR VISION:** **Making room for God's "more" in your mind means seeing with the eyes of faith:** letting go of old negative patterns of thinking (wineskins/strongholds) and picturing, believing, expecting and declaring a new vision of God's favor in your life.
- **DEVELOP A HEALTHY SELF-IMAGE:** You will bring forth into the world the thoughts you hold in your heart about yourself. **Your mental "self-portrait" is key to living your best life now.** Shed the "grasshopper mentality" and agree with God, **seeing yourself the way God sees you:** precious, beautiful, chosen, and blessed.
- **DISCOVER THE POWER OF YOUR THOUGHTS AND WORDS:** **Your life will be framed and formed by the things that you think about and the words that you inhabit.** Change your thinking, Renew your mind. Dig new rivers. **Dwell** upon God's promises, not your problems. Declare God's goodness aloud. And you will experience transformation in your life. The word becomes flesh and dwells among us!
- **LET GO OF THE PAST:** **Life is painful.** And our hurts haunt us in the form of sorrow, regret, anger, and bitterness. To experience God's best for your life right now you must **quit dwelling on the wounding setbacks and disappointments** of your past. Anger and bitterness foreclose on God's best for you if they take root in your life. **Focus on the God** who restores and heals human hearts. **Let go** of the past and allow God to make things right. Forgive others. Forgive God. Forgive yourself. Press on!
- **STAND STRONG THROUGH ADVERSITY:** **Life** in the real world of struggle and stress requires **faith, determination, and courage.** We must learn how to **"get up on the inside" until God**—sometimes suddenly—**changes our situation** at the right time. Many, if not most, of the difficulties we face can be used by God to strengthen our character and prepare us for some good to come, even when life seems senseless. With a sustaining faith, trust God to be at work in and through your situation in ways that may only be clear from the standpoint of a future deliverance. Your **life's "crooked lines" are already being bent to God's saving purpose.**
- **LIVE TO GIVE:** We were **made to love and share and give** compassionately. We are **blessed to be a blessing** in a hurting world. And the measure of our generosity shapes the good things that we receive. Cling less, share what you have with others, and watch God bless this expression of your faith!
- **CHOOSE TO BE HAPPY:** Happiness is a **choice.** With **gratitude** for all that God is doing, **decide** (every morning and every moment) to be a person of **excellence** and **integrity**, living with expectant **enthusiasm.** Smile and dare to believe that God is bringing you your best life **NOW!**